



**WARWICK**  
349-5800 x1 x6

▶ **LITTLE DRAGONS**

Mon / Wed / Fri	4:30 PM
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▶ **MC BEGINNER**      WHITE - ORANGE

Mon/ Wed	5:15 PM
Tues/ Thurs	6:45 PM

▶ **MC INTERMEDIATE**      CAMO - CANDIDATE

Mon/ Wed	6:45 PM
Tues/ Thurs	4:30 PM

▶ **MC ADVANCED**      BLACK

Mon/ Wed	7:30 PM
Tues/ Thurs	5:15 PM

▶ **EXPERT**      CERTIFIED

Mon/ Wed (Johnston)	8:15 PM
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▶ **LEADERSHIP**

Mon / Tues / Wed / Thur	6:00 PM
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▶ **ADULTS & TEENS**      ALL RANKS

Tues/Thurs (Johnston)	10:00 AM
Tues/Thurs	7:30 PM

▶ **SPECIALTY CLASSES**

Tu/Th	8:15 PM	Cardio Kickbox
Fri	5:30 PM	Spar/Boards
	6:00 PM	Forms
	6:30 PM	Learning Tool
Sat	9:00 AM	Black Belt Prep
	10:00 AM	Spar/Boards
	10:30 AM	Forms
	11:00 AM	Learning Tool